

Wearing a BRYGGA shoulder bridge under your protective X-ray apron is an easy and efficient way to reduce the weight load on the shoulders and prevent muscle fatigue.

Optimum Weight Distribution: The patented invention from Sweden distributes the weight more evenly and relies primarily on the bone structure rather than the muscles and nerves in the shoulder area. This proves to be particularly advantageous when the protective clothing has to be worn for long periods of time.

Modular Structure: The 5-piece construction allows for individual adjustment to the respective user and ensures a pleasant and comfortable wearing experience in an easy and uncomplicated manner.



As an option, our MAVIG X-ray protective aprons and BRYGGA can now be connected to each other in a slip-resistant manner by means of a hook and loop fastener. This means that your individual adjustments are retained even after taking off the apron.

For this purpose, order your X-ray protective apron with the corresponding hook and loop system for BRYGGA instead of the shoulder pads – at no extra cost, of course.

- For MAVIG vest model RA631 and coat RA632
- Four sizes: S, M, L and XL, individually adjustable
- Promotes an ergonomically correct posture
- Significantly reduces the risk of tension and numbness in the arms
- Full freedom of movement for neck and arms
- **Easy cleaning**



Shoulder Weight Relief

The optimum distance between the shoulder and the bridge under load conditions is about 1 cm. It is important that BRYGGA does not touch anywhere between the upper part of the shoulder to below the collarbone.



Hook-and-loop Fasteners (optional)

Our aprons and BRYGGA can now be connected by means of hook and loop fasterners for easier handling.

